

Project		Family engagement and opportunity project	
Lead delivery partner		Sure Start Children’s Centre/Warsop	
Theme	<p>Adult and Family learning</p> <p>Having things to do</p>	Priority	<p>3.3.1 Empowering people</p> <p>3.6.1 Having things to do</p>
Activity	Training and personal development opportunities	Budget code	<p>461 family members attended</p> <p>22 individual adults</p> <p>9 children</p> <p>28 non registered</p> <p>(non data specific)</p>
Project outcomes (from SLA)			
<p>Improved knowledge and skills</p> <p>Improved life opportunity</p>			
Reporting period dates	April 2017 August 2017	Nr and age of people benefiting from the project during the reporting period	Expected
Introduction			
<p>We are currently celebrating the success of several activities, learning and supported added value sessions.</p> <ol style="list-style-type: none"> 1: Incredible Years crèche worker funding 2: Paediatric First Aid – Baby Heart Start 3: Breastfeeding Peer Support Progression and International Event “Big Latch On” 4: Carnival preparation and engagement opportunities (combined with ROLO funding) 5: 3 x Coaches to Mablethorpe and the Seal Sanctuary 6: Baby Yoga 7: Back to School Party at Oaklands 			

Activities undertaken during reporting period	See above
Outcomes the project has contributed to	
<i>Empowering people</i>	
<i>Having things to do</i>	
Timescales/Participant Numbers	
Empowering people:	
<u>Big Latch On 4th August 2017</u>	
<u>26 came to this event</u>	
<p>The Warsop Community was pleased to host a National event “The Big Latch on” which celebrated the achievements of the locally trained peer supporters (fund aided by Big Warsop) and invited other mums to attend this event at the Children’s Centre. Funding was used towards the event to provide refreshments and the facilities. The event recognises the work and efforts put in by newly qualified peer supporters and on the day fund raising for the Latch On Charity of £38 (for media reports, link to the Nottinghamshire Breastfeeding Mums Network on Facebook for further evidence of this event).</p>	
<u>Baby Yoga</u>	
<u>7 adults and 6 babies</u>	
<p>This was provided to parents as an added value resource. Baby Yoga helps develop body awareness, builds concentration, manages stress through breathing techniques and increases body image in post natal parents. It also begins lifelong attachments which long term supports healthy relationships and greater resilience in children. It is no longer provided as “mainstream services” under the new commissioning in Children’s Centres. The funding allowed trained workers to deliver the sessions.</p>	
16 expressed an interest ,7 adults and 6 babies attended the four week course.	
Parents commented	
<ul style="list-style-type: none"> • “I have been able to settle my son at night by doing some Baby Yoga” • “The course gave me ideas to bond with my baby and keep him entertained” • “It increased my baby’s flexibility” • “The songs helped me remember the routine” • “We sang the songs to daddy to show him what we learnt” • “I really enjoyed Baby Yoga and would recommend it to other mum. I have noticed lots of 	

improvement in his flexibility and mobility”

Having things to do

Trip to Mablethorpe and Seal Sanctuary 9th August 2017

111 registered families and 28 non registered

Three coaches left Warsop Children’s Centre, Tudor Barn and Sherwood Street School on the bleakest day of the whole summer. Parents braved the rain and wind to join a trip to Mablethorpe, along with families on two other coaches from Mansfield Woodhouse.

In total 111 registered adults and children attended the event but it is important to note that other carers, grandparents and people from Age Concern also benefitted from the trip (who are not registered with the Children’s Centre). These accounted for a further 28 people from Warsop Parish. Families from Hett’s Lane Holiday Club were involved in the trip as their present funding did not extend to the costs of coaches and extra resources involved.



Sadly, all the plans for the day were not fulfilled due to the extreme weather conditions; however, some children braved the beach and ran into the sea.

Parents commented

- Just keep doing what you do; you lovely ladies make such a difference to so many families.
- No matter where you going and what is the weather like, it matters who you're going with
- Yes, it was mine and my partners 3rd anniversary and it was relaxing as a day with our little boy
- As I don't drive, we don't often get to have days out outside of Mansfield
- Very well organised. Staff very helpful – I left something on the coach and they arranged for the driver to meet me and get it

Hetts Lane Holiday Club families commented

"Would like to join and thank the Children's Centre for providing us spaces for the trip and if it wasn't for them we couldn't have gone"

These comments acknowledge the importance of joined up working partnerships and good community relationships.

It is important to recognise the links to child poverty for those who don't get to go on holiday, or have fun times to share, creates isolation in children when they return to school and are unable to share these pleasurable memories.

The comments demonstrate the impact and importance of Big Warsop funding on local families, life opportunities and the benefits of having things to do, especially during school holidays. It supports their **Knowledge of the World** under EYFS development stages, **The Unique Child** and early childhood assessments.



Warsop Carnival

181 engaged in services

Supported through Family Action, Big Warsop and ROLO funding, we were able to engage with local parents and Hetts Lane Holiday Club to help support the design of the Carnival float, take part in the parade and also staff a stall offering toys and activities for local families. In total we saw 181 on the day but the most work was done in the run up to the Carnival.

Six meetings took place, including two Parents Forum meetings. The centre played a big role in encouraging and persuading parents who at times were ready to give up with the preparations.

At least four Stay and Play session provided resources for the Chinese theme, as part of the multi cultural approach and float design.

Big Warsop/ROLO funded the craft materials for the float, resources for costumes and facilitation of meetings, prep sessions and involvement sessions. It also helped fund the refreshments for busy Volunteers and a celebration fuddle.

As a community, we indebted to parents for their commitment and motivation during this project and to be awarded 2nd place on the day in the carnival parade made this an even bigger achievement.

Photos from the carnival prep meetings and finished resources:



123 Magic (Parenting Course)

5 adults completed the course and 3 children into creche

21 were originally invited to attend a Parenting Course. Funding from Big Warsop allowed us to staff additional crèche workers. These ensured barriers to attendance were limited for those who felt they needed to attend.

The benefits of 123 are that parents can actually use the strategies to prevent longer term school dropout, improved adherence to clear and consistent boundaries and that children are more likely to be able to follow rules when they are in school. As a community, this encourages far better mutual respect and intergenerational cohesion and the Children's Centres promotes parents as being the most important educators.

Comments from the course:

- 123 helped me set consistent boundaries and family life is happier
- I found it enjoyable and informative-I've picked up on why my ch'n behave the way they do
- Made me see how I have ways to deal with it and how to encourage my child's good behaviour
- Really enjoyed the course and feel I have learnt a lot
- I can now manage difficult behaviour as I changed ways I am as a parent

Oaklands and Tudor Barn Munch Bunch sessions

62 parents and children

62 Parents and children attended a Munch Lunch session at the Oaklands Centre. The funding paid for room hire, contributed to lunch time food and a motivational trainer. The aim of the session was one of several sessions over the holidays to ensure that children do not go hungry and was particularly targeted at those who would normally have free school meals. A second session was planned and funded within the project at Tudor Barn but this only attracted six families and so less impact was gained from the session. However, the same content and facilities were available to parents and their children.

Adult Learning

10 people attended

Big Warsop Funding also contributed towards crèche workers for the recent Teaching Assistant Course in partnership with Vision West Notts Work routes. Adult Learning and progression into work features highly on the Children's Centre and Big Warsop agenda. Children with several children under school age are often disadvantaged purely by childcare availability local and the Big Warsop funding allows this inclusive practice of training for all.

Back to School Disco

81 attended

81 people came along to the Oakland's to enjoy a disco, party games and food. This was a joint venture with other local agencies and we negotiated reduced costs to ensure more children could access the event.



What did you enjoy the most today?

- Disco and crafts a very well planned event,
- Party games and books,
- Disco and party games,
- Party games/Disco,
- Dancing,
- Disco games,

- The party games,
- Disco and activities,
- The games,
- Craft and party games,
- Disco,
- Craft,
- Party games,
- Games and art,
- Meeting up with other parents,
- Toilet paper wrapping, like a snowman,
- Colouring,

- Seeing the children enjoying themselves,
- Games,
- Artwork



Carnival Crafts (open spaces)

Big Warsop also helped to support several other sessions over the summer holidays, namely those sessions with large inflatables to be all age inclusive and not restricted to Under 5's as is the Children's Centre remit. Combined with **ROLO** funding for the Carnival and running costs for the event, we were able to provide activities for many children from the surrounding parish and areas, although it is to be recognised that many more would have benefitted from the activities on the day had they been registered.

Plans for next reporting period

Plans are underway to act on feedback from the recent trips to provide a trip during October half term.

Added value support (crèche workers) will supplement the Children's Centre workers for the next Story Sacks family learning course

Baby Yoga sessions will be booked to support early parenting, improved health and to promote its physical benefits.

Parents Forums will be re launched in September to ensure Parents and Children's Voices are heard and contribute to service delivery.

Seasonal Activities over Christmas time and increased attendance at events will be aimed at those who do not normally engage in services.