

<b>Project</b>		Jigsaw Friends	
<b>Lead delivery partner</b>		Jigsaw Support Scheme	
<b>Theme</b>	Strengthening Communities	<b>Priority</b>	Supporting Older residents
<b>Activity</b>	Group work	<b>Budget code</b>	
<b>Project outcomes (from SLA)</b> <ul style="list-style-type: none"> <li>• Reduce isolation among older residents of the Parish</li> <li>• Extend knowledge and skills of older residents in line with their wishes and interests</li> <li>• Improve the quality of life for older residents.</li> </ul>			
<b>Reporting period dates</b>	July - September	<b>Nr and age of people benefiting from the project during the reporting period</b>	60 plus
<b>Introduction</b> <p><i>Tell us basic information about the project and its outcomes and aims for reporting period.</i></p> <p>The project is called Jigsaw Warsop Friends. It involves setting up group activities for older people to access in community venues. A Group development worker engages with the older community to involve them and establish the type of things they would like to do.</p> <p>The target for the project is to set up 3 regular activities in the Warsop area, this could involve external organisations providing identified activities. The project aims to recruit 3 volunteers to support the activities and attract at least 10 people to each activity.</p>			
<b>Activities undertaken during reporting period</b> <p><i>Tell us what you have done and how well things have gone. Include any issues carried over from previous report, activities carried out and any base line monitoring. Please attach photographs, quotes, good news stories etc</i></p> <p>During the period weekly sessions have been held at Melville Court for around 12</p>			



attendees per week and George Shooter Court around 10 attendees per week and 1 volunteer, these sessions include chair based exercises, games and gentle exercise and reminiscence activities. See photograph. In addition a weekly pub lunch and games is held at the plough with around 10 attendees and 1 volunteer.

In August a trip was organised and went to the Dukeries Garden Centre, using the Warsop Mini Bus. See photograph.

**Outcomes the project has contributed to**

*Tell us what difference you have made in relation to the SLA outcomes and more widely in the area.*

Through this project Jigsaw contributes towards the Big Warsop vision by-

The service users accessing the activities benefit from:

- Improvement to their health and well-being through a reduction in loneliness and social isolation.
- Improvement in self esteem through participating in service user involvement groups.
- Increased access to support networks through other Jigsaw services.
- Increased confidence through being supported by peers and volunteers.

Volunteers have improved employment opportunities through having access to Jigsaw’s training and support and having opportunities to gain recognised qualifications as well as gaining valuable work experience.

**Timescales/Participant Numbers**

*Is project on track both in terms of timescales and the number of participants? If not what are you planning to do to address the issues?*

Yes the project is on track

**Plans for next reporting period**

*What are you going to do next? Are there any activities we should know about?*

A meeting was held with Jimi from Vibrant Warsop to explore possibilities for project development, A Christmas lunch is planned at The Plough.