Warsop Youth Club

Summer Programme Report



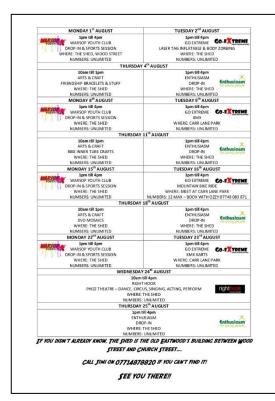
Introduction

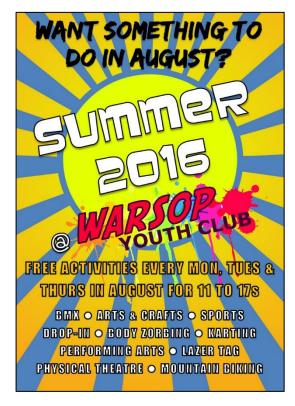
During August 2016 Warsop Youth Club, in partnership with Caroline Hughes, Go Extreme, Enthusiasm, Right Hook and the lottery funded Meden Sports Project, delivered a series of activities for young people in Warsop. This was part-funded by Big Warsop and The Sir John Eastwood Foundation.

The sessions took place every Monday, Tuesday and Thursday with the addition of a session on the final Wednesday in August.

Most sessions took place at the Shed (former Adam Eastwood Building) on Wood Street with three sessions taking place away from the site, utilising other facilities such as the BMX track on Carr Lane Park.

The programme was promoted through the use of a flyer (shown below) which was printed as a physical leaflet, distributed by hand at Meden School and throughout the town and promoted via the community noticeboards and on displays at The Shed, but also used digitally through social media, email and it was also printed in the local newspaper. The design intended to be eye catching and attractive to the target audience of young people.





All delivery partners were vetted to ensure they had appropriate clearance and experience in working with Young People.

How Did It Go Overall?

Overall the summer programme was a huge success. There was an increase in the numbers of young people aware of the youth club, some of whom were attending the provision for the first time. There were no serious incidents and no safeguarding concerns raised throughout the entire programme. In general, the atmosphere was friendly, fun and all young people seemed to enjoy themselves very much.

In numerical terms, the table below shows how many young people attended each session.

Warsop Youth Club	Go Extreme	Right Hook	Caroline Hughes	Enthusiasm
Monday 1st August	Tuesday 2 nd August		Thursday 4th August	Thursday 4th August
1pm till 4pm	1pm till 4pm		10am till 1pm	1pm till 4pm
Drop in & Sports	Body Zorb & Laser Tag		Friendship Bracelets	Drop-in
Unique nos. 21	Unique nos. 18		Unique nos. 4	Unique nos. 1
Total nos. 21	Total nos. 39		Total nos. 5	Total nos. 12
Monday 8 th August	Tuesday 9 th August		Thursday 11 th August	Thursday 11 th August
1pm till 4pm	1pm till 4pm		10am till 1pm	1pm till 4pm
Drop in & Sports	BMX		Bike Inner-tube Craft	Drop-in
Unique nos. 6	Unique nos. 7		Unique nos. 0	Unique nos. 6
Total nos. 16	Total nos. 8		Total nos. 1	Total nos. 19
Monday 15 th August	Tuesday 16 th August		Thursday 18 th August	Thursday 18 th August
1pm till 4pm	1pm till 4pm		10am till 1pm	1pm till 4pm
Drop in & Sports	Mountain Bike Ride		DVD Mosaics	Drop-in
Unique nos. 8	Unique nos. 0		Unique nos. 0	Unique nos. 4
Total nos. 19	Total nos. 5		Total nos. 2	Total nos. 22
Monday 22 nd August	Tuesday 23 rd August	Wednesday 24 th		Thursday 25 th August
1pm till 4pm	1pm till 4pm	August		1pm till 4pm
Drop in & Sports	Karting	Physical Theatre &		Drop-in
Unique nos. 1	Unique nos. 9	Street Dance		Unique nos. 2
Total nos. 18	Total nos. 22	Unique nos. 2		Total nos. 22
		Total nos. 12		
Total	Total	Total	Total	Total
Unique nos. 36	Unique nos. 34	Unique nos. 2	Unique nos. 4	Unique nos. 13
	Total nos. 74	Total nos. 12	Total nos. 8	Total nos. 75

Programme Totals
Unique Individuals: 89

Total Number of Engagements: 243

A list of all young people (anonymised) and how often they attended each session is included in the appendix.



Preparing for Body Zorbing with Go Extreme 2nd August 39 young people attended this session!

In total an impressive 89 young people attended the summer programme and a total of 243 engagements took place. 36 young people (40%) only attended one activity (a third of whom arrived in the final week) but an encouraging 36% attended 3 or more times with the highest attendees participating in 8 of the 16 activities. This seems to suggest a core of young people who would consider themselves as "regulars" and observations back this up. It would be useful to engage this group further to involve them in planning of future programmes and this is something which Warsop Youth Club will be taking forward. These figures also suggest that the summer programme attracted many new young people who would not normally attend the existing youth club. It is important

to build on this successful engagement by planning more diverse programmes as part of the weekly offer to the young people.

The age range of young people was from 6 to 17 years of age. There were a few young people that fell below the 11-year-old limit. We wanted to include these children so as not to disappoint them and they seemed to integrate into the activities without major issues. In all, 10 of the 89 young people fell in this age bracket.

29 of the 89 young people fell in the under 13 years of age bracket. These young people engaged very

enthusiastically in the activities but didn't mix very well with the older young people. Having reflected on this it would be useful to have split sessions in future. This is a recommendation for Warsop Youth Club's main youth programme in addition to any holiday activities.

18% of the young people were female and 82% were male. It is unclear why this gender inequality happened, especially given the programme was designed to offer a range of activities which would appeal to both genders. In future more work could be done to reach out to females in particular.

All participants were classed as White British ethnicity which is unsurprising and reflects the wider population of the area.



Right Hook Workshop 24th August

What Went Well?

Each delivery partner was asked to complete a session evaluation form upon the completion of each session. Here is some of the feedback:



Right Hook Workshop 24th August

"The group had fun and took away three types of bracelet. They learned about recycling and design" Caroline Hughes 4th August

"The young people built up the confidence to visit the youth club and seemed interested in going to other sessions" Caroline Hughes 11th August

"It was good to work with young people who were experienced and confident on a BMX. The young people are normally quite good around the track" Steve Osborn, Go Extreme, 9th August

"All young people turned up on time [for mountain bike ride] and managed 15 miles around Clipstone and Sherwood Pines" Steve Osborn 16th August

"Lots of passing trade/young people about [KMX Karts @ the BMX Track]" Steve Osborn, Go Extreme, 23rd August

"Two young people were extremely engaged and very willing to participate in the workshop. Throughout the day, they showed consistent energy and focus, which meant that all exercises, games and tasks were very well received. The excellent facilities also made the workshop successful as the amount of space, kitchen access and immaculate toilets meant that both my team and the young people felt safe and comfortable." Sally Danby, Right Hook, 24th August

"The young people were consistently engaged throughout the entire workshop. They participated in a variety of tasks such as discussions, demonstrations, physical warm ups and creative tasks. At every stage of the workshop, the young people produced excellent physical work and offered appropriate and relevant answers when prompted.

When left to work creatively as a duet, they were highly focussed and worked maturely, independently and efficiently." Sally Danby, Right Hook, 24th August

Positive engagement - In addition to the above, during the Warsop Youth Club sessions there was excellent relationship building between the WYC staff/volunteers and the young people. This was especially important as this was a brand new provision facilitated by new people. The engagement with the young people was meaningful and helped them feel at ease.

Canvassing opinion - Some of the conversations with the young people were very useful in that they provided an opportunity to canvass opinion on key questions such as "when to deliver the new youth club evening" and "what other activities would you like?".

New young people - It was clear that through the summer programme new people have engaged with the youth provision and we have attracted some young people who either a) didn't know that the youth club existed and/or b) didn't know about The Shed and/or c) wouldn't normally attend youth clubs. This showed that the communicating of the summer programme was relatively good and reached many young people. A future recommendation however, would be for Warsop Youth Club to have its own Facebook page and to push messages out to the young people this way. This method has the potential to reach considerably more young people than traditional flyers or posters.



Warsop Youth Club Session 15th August

Young helpers - One event of particular note happened when two young people stayed behind to help clear up after the session. This was especially impressive given that they hadn't been asked. Through chatting whilst clearing away, both of these young people expressed an interest in helping out more in future and were keen on the idea of a youth "steering group" which might help with programme design, decision making etc. It is recommended that further conversations take place with these and other young people in order to establish a youth forum/steering group body.

Young people learning - A further positive aspect of the programme was that several young people learnt new things eg. Fundamentals of physical theatre, recycling, positive relationships, art design and creative use of materials etc. There was a real sense that this was not just a "dumping ground" for kids to be "entertained". There was a sense of the young people participating rather than consuming.



Warsop Youth Club/Meden Sports Session 15th August

New and more volunteers - A new volunteer helped deliver the Warsop Youth Club sessions and has expressed interest in continuing this. In addition, three further people (two males who both deliver sport activities and one female parent) have expressed a desire to "do what they can" to help with the delivery of the youth club going forward. We will be taking these forward and will support them to help out in future.

Partnership working — Not only was the Summer Programme itself a great example of partnership working, but in addition a new and positive partnership has been established between Warsop Youth Club and the lottery funded Sports Project at Meden Leisure Centre. The team on this project helped massively with the delivery of the

Warsop Youth Club sessions throughout the programme. Conversations suggest that this arrangement is likely to continue into Warsop Youth Club's regular programme.

What Could Have Been Improved?

Once again, the following is a selection of comments from the session evaluation forms:

"More young people" Caroline Hughes 11th August

"The weather was not so good [for BMX racing] rain showers and very windy". Steve Osborn, Go Extreme, 9th August

"The advertisement of the event could have been better. This could maybe be done through the use of social media." Sally Danby, Right Hook, 24th August

These were the only notable suggestions for improvement.

Low numbers for art & craft - It is worth picking up on the low numbers of participants for the Art & Craft session. Following reflection and through conversations with Caroline Hughes, we thought that, whilst the programme had been designed to provide lots of sessions on different days which would appeal to different people, it may have been better to have included the Art & Craft sessions as part of the main Warsop Youth Club. This would have provided a "captive audience" and offered a new experience to more young people than attended. In addition, we felt the 10am start was a likely factor in preventing more young people from attending. As a result, Warsop Youth Club will be integrating various activities into its main programme as well as holiday provision, this will include art & craft and physical theatre/street dance workshops.

The Shed being anonymous – It became clear as the programme progressed that not many people are aware of the location of the Shed and Warsop Youth Club. Certainly, from Church Street, The Shed is hardly visible and it is entirely possible to walk past the entrance without knowing of its existence let alone what exciting things may be going on inside. It is recommended that signage be erected to promote and disclose the location of the Shed. In addition, once the Warsop Youth Club Facebook page is live, the Shed should be promoted and clear directions provided.

A missed opportunity – As the third week drew to a close it became apparent that Mansfield District Council were to hold a Summer Festival on Carr Lane Park on Wednesday 24th August. This was when the Physical Theatre workshops had been planned. It would have been far better to have combined both these events and held the workshops at the festival. This would have had the benefit of a) not competing for numbers b) providing a platform for the young people to perform at the end of the day following the workshops c) promoting further partnership work and d) further promoting the existence of Warsop Youth Club to the people of the parish. It is strongly recommended that Warsop Youth Club be part of any festival taking place next year.

What are the Future Recommendations?

- 1. Warsop Youth Club to deliver two separate provisions, one for younger "inbetween" aged young people, say 7 to 12 years old, followed by a session for the older young people.
- 2. Promotion of the youth club to girls in particular, given they are under-represented.
- 3. Begin work on establishing a youth forum/steering group body.
- 4. Continue conversations with potential new volunteers with a view to them joining the delivery team.
- 5. Include art & craft sessions and physical theatre/street dance workshops within regular youth programme.
- 6. Establish a Warsop Youth Club Facebook page.
- 7. Erect prominent signage directing people to The Shed
- 8. Ensure all activities taking place are considered and Warsop Youth Club has a presence where possible eg. Mansfield District Council Festival

Conclusion

The summer programme was more of a success than perhaps anticipated. The numbers were healthy and several new young people were introduced to their youth club. The programme was educational as well as informal and several young people learnt new things this summer. New helpers have emerged and will hopefully provide fresh energy to the delivery of future youth work. In particular it is exciting to see the potential of a youth forum/steering group emerging from the summer's events.

Not everything went as hoped but this has provided a great deal of learning in order to continually improve the offer to the young people. Warsop Youth Club is committed to this improvement and will implement recommendations wherever possible.

Big Warsop and The Sir John Eastwood Foundation have enabled the provision of a great month of activities for the young people of Warsop. This has provided a platform for new youth provision to take place and for Warsop Youth Club to improve its offer.

Jimi Ball

On Behalf of Warop Youth Club

31st August 2016

Appendix One

Register of young people attending Warsop Youth Club Summer Programme

	YP Details Week 1							Week 2					Week 3				Week 4						Total Numer of Engagements				
					Warsop				Warsop				Warsop				Warsop				Warsop						
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l					01-Aug	02-Aug	04-Aug		08-Aug	09-Aug	11-Aug	11-Aug	15-Aug	16-Aug	18-Aug	18-Aug	22-Aug	23-Aug	24-Aug	25-Aug			_				
Initials	DOB			Ethnicity	21	39	5	12	16	8	1	19	19	5	2	22	18	22	12	22	74	74		12	75	243	
JS	29/09/2004	11	M	WB	1	1	ļ	1					<u>1</u>			1		1		1	2	2	0	0	3	7 1	
PS	26/10/2001	14	M	WB	1	1	<u> </u>	1					1		<u> </u>	1		1		1	2	2	0	0	3	7.1	
LM	10/06/2000	††	M	WB	1	1	<u> </u>														1	1	0	0	0	2 1	
AE	26/04/2000	·	M	WB	1	1	<u> </u>							<u> </u>	<u> </u>						1	1	0	0	0	2.1	
LH	01/03/2003	ļ	M	WB	1	1												1			1	2	0	0	0	3.1	
DB	10/03/2003	·	M	WB	1	1															1	1	0		0		
CM	01/02/2004	·	M	WB	1	1	<u> </u>							<u> </u>							1	1	0		<u>U</u>		
BE	01/01/1999	·	M	WB	1	1		1	1			1	1	<u> </u>		1					3	1	0		3	/_/	
JY	09/06/2001	·	M	WB	1	1	<u> </u>	1	1					<u> </u>					4		2	1	0		1	4	
DW	26/02/2002	·	M	WB	1	1	<u> </u>	<u> </u>	1			1			<u> </u>		1	 	<u> </u>	1	3	1	0	1	3	8	
GD	15/05/2002	·	<u>М</u> М	WB WB		1	<u> </u>	1	1						<u> </u>		<u> </u>	 		1	4	1	0			_ -	
KC BK	22/06/2002 16/11/2001		M	WB	1	1	<u> </u>	<u> </u>													1	1	0			<u> </u>	
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II	21/10/2001		M	WB	1	1						1								1	1	1 1	0	0 		4	
BB	19/03/2000	† -	M	WB		1	<u> </u>			 		<u>+</u>		 	<u> </u>			 	 		1	<u>+</u>	0	 		ļ	
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BB	19/11/2002	·	F	WB	1	1						1	1	<u> </u>		1	1			1	4		0		<u>.</u>	8	
BF	24/12/1999	 	 M	WB	1	1	 		-			1	-	ļ	 	ļ	<u></u>				1	<u>-</u> 1	0	0	1	3	
SF	19/02/2001	15	M	WB	1	1	 														1		0		 	2	
BS	19/01/2003	·	M	WB		1	1								 		1	1	1	1	1	2	1	1	1	6	
JG	09/11/2005	h	M	WB		1	<u> </u>	1				1		+		1	1	1		<u> </u>	1	2	0	 0	3	6	
LJ	09/12/2005		M	WB		1								 							0	1	0	0	0	1	
JS	11/06/2004	·	M	WB		1	<u> </u>							<u> </u>	<u> </u>	1	†	1			0	2	0	0	1	3	
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JP	08/08/2001	14	M	WB		1		1													0	1	0	0	1	2	
OR		?	М	WB		1											1				1	1	0	0	0	2	
MG	31/08/2004	11	M	WB		1															0	1	0	0	0	1	
SM	07/12/2003	† <u>†</u>	M	WB		1															0	1	0	0	0	1	
НС	21/11/2003	ļ	М	WB		1															0	1	0	0	0	1	
JR	28/12/2001	14	М	WB		1							1			1					1	1	0	0	1	3	
LS	20/12/2003	† <u>†</u>	М	WB		1					1										0	1	1	0	0	2	

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PK		?	F	WB	1														<u> </u>			0	1	0	0	0	1
LL		?	М	WB	1	-			·····										<u> </u>			0	1	0	0	0	1
HD		?	F	WB	1																	0	1	0	0	0	1
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LH 28/0	07/2004	12	F	WB		1		1														0	0	1	0	1	2
HB 23/0	07/2004	12	F	WB		1		1														0	0	1	0	1	2
EP		?	F	WB		1																0	0	1	0	0	1
OH 15/1	11/2003	12	М	WB		1																0	0	1	0	0	1
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JG 21/0	08/2003	12	М	WB					1	1												1	1	0	0	0	2
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		13	M	WB						1												0	1	0	0	0	1
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	10/2006	9	M	WB									<u> </u>			1	1	1	1			2	1	0	1	1	5
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MM	14/01/2003		М	WB	1			0	0	0	0	1
ST		?	М	WB	1			0	0	0	0	1
ОМ	07/04/2005	11	М	WB		1	1	0	1	0	0	1
KD		?	М	WB			1	0	0	0	0	1
CD	23/05/2005	11	М	WB		1	1	0	1	0	0	1
SC		?	М	WB			1	0	0	0	0	1
KG	17/12/2006	9	М	WB		1		0	1	0	0	0
WB	28/02/2003	13	М	WB		1		0	1	0	0	0
НА	24/04/2002	14	М	WB		1		0	1	0	0	0
JM	01/11/2002	13	М	WB		1		0	1	0	0	0
DB	25/08/2007	8	М	WB		1		0	1	0	0	0
WB	25/11/2009	6	М	WB		1		0	1	0	0	0
JB	02/11/2009	6	F	WB		1		0	1	0	0	0