

## BIG Warsop Activity Proposal 2015/2017

| 1. Project Title   | Meden Sports Taster session  |                                 |  |  |
|--|--|---------------------------------|--|--|
| 2. Contact Details: Who is making the application?   | Contact Name: Carolyn Hallam   |                                 |  |  |
|  | Organisation: Mansfield District Leisure Trust                                     |                                 |  |  |
|  | Address: Oak Tree Leisure Centre, Jubilee Way, Mansfield                           |                                 |  |  |
|  | County: Notts  | Postcode:NG18 3RT               |  |  |
|  | Tel:   | Mobile:07718 194 711            |  |  |
|  | Fax:   | Email: Carolyn.hallam@serco.com |  |  |
| 3. Contribution to BIG Warsop overarching vision How will your project contribute to the achievement of the BIG Warsop overarching vision?  In writing your activity plan, please keep in mind the vision and values of BIG Warsop, that this is a resident led 10 year programme to help make Warsop Parish an even better place to live and that all proposals are considered by the resident partnership group. |  |                                 |  |  |
| The vision is "Provide a catalyst and capability to make Warsop Parish great, helping residents achieve their potential and bring back vibrancy and pride"   |  |                                 |  |  |
| Please provide a brief outline against the key priorities outlined below (unless already pre-completed by BIG Warsop)  |  |                                 |  |  |
| Strengthening<br>Communities   | 3.2.4 Children and Young People Supervised Activity – out of school hours activity |                                 |  |  |
| Encouraging<br>training and social<br>enterprise   |  |                                 |  |  |
| Influencing<br>statutory partners<br>and provision   |  |                                 |  |  |

## A, To hold a one off taster day during the late spring holiday for 10-16 year olds featuring 4 different sports . If successful, this will be expanded to weekly sessions during the summer holidays.

- B, The activities featured will be: freerunning, Kick boxing (TBC with coach if not, badminton/table tennis will be substituted) dance (possibly zumba) and hula hooping. These will be run by professional qualified coaches. Participants can try as many of these as they like. Drinks and healthy snacks will be offered. The taster day will be promoted via local schools, the youth service and community organisations.
- C. This will be managed by Mansfield District Leisure Trust's Sports and Community Development Manager, along with staff at Meden Sports Centre.
- D. Participants will be asked their views of the sessions and whether or not they would like them (or other activities) to become part of a school holiday programme.
- E. The sessions will be open to up to 15-25 participants per session, depending on the activity. They can take part in as many of the sessions as they wish.

## 4. Project **Description:**

- a) What will it involve?
- b) How will you do it?
- c) How will it be managed?
- d) How will its progress be monitored?
- e) How many people will be involved etc...

5. Expected outcomes of the activity. What difference

> will the activity make to local

Parish of Warsop?

people and the

The aim is to reduce incidents of youth anti social behaviour by providing positive diversionary activities. The participants will have a chance to try out new activities. A consultation will be held on the day and it is hoped this taster day will lead to further activities throughout the summer holidays, which will not only provide positive youth activities, but help participants to increase their skills, health and fitness. The promotion of the activities through schools, youth service and local community organisations will increase partnership working between the community and the leisure centre.

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## 6. Project Location Where project is to be located? (although the project does not need to be located within Meden Sports Centre, Burns Lane, Warsop NG20 0QN Warsop Parish, your plan must clearly show how local people will be involved in and benefit from the activity) 7. What consents are required No consents are required to hold the taster day, although the participants will have to and when complete a consent form, signed by their parent or carer. given? e.g. Planning Permission 8. Project End date: 29/5/15 Start date: 29/5/15 **Timescale** 9. What links are there to existina A, Various coaches will be involved in the taster day and promotion will take place via activities? schools, youth services and community organisations Are other organisations involved B Activities are already available in the leisure centre and these are being extended all in the project? the time. The taster day will complement and enhance these. b) Does it help or complement other projects operating in the area? 10. Monitoring & Evaluation. If your proposal is successful then you will be required to The number of participants at the taster day will be monitored. Participants will be complete a BIG asked to evaluate the sessions and feedback will be used to provide further activities Warsop review and during the summer holidays and possibly after school or weekend activities. evaluation pro-forma. Please let us know if you intend to undertake any other monitoring. 9.Project costs 2015/16 and Profile Item Costs £ Room hire 50.00 Coaches 124.00

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|                  |           |

£

45.82 25.00

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Staff costs

Refreshments

|  | Marketing  |   | 40.00   |  |  |
|--|--|---|---------|--|--|
|  | TOTAL COOTS  |   | 284.82  |  |  |
| 10.Quotes  | TOTAL COSTS  Supplier Quote/Cost   |   |         |  |  |
| Received Please note that for itemised costs within projects from £500 to £20,000 written evidence that 3 companies have been approached for quotes must be provided with the application. | note that for d costs within s from £500 to 0 written evidence ompanies have opproached for must be provided   |   |         |  |  |
| 11.Funding<br>Requested  | Funder & Date Secured  |   | 2015/16 |  |  |
|  |  | £ | £       |  |  |
| Include the amount you are requesting from <b>BIG</b>  | BIG Warsop   |   | 284.82  |  |  |
| Warsop and where (if appropriate) other  | Other:   |   |         |  |  |
| sources have come from; please indicate if this has  |  |   |         |  |  |
| already been secured.  | TOTAL  |   | 284.82  |  |  |
| 17.Forward Strategy Do you plan to carry this activity on past the BIG Warsop funded timeframe? If so how will this be achieved?   | We plan to use the taster day to consult with the young people to find out if they would like to carry on with these (or other activities) during the summer holidays/afterschool or at weekends. If so, we will seek further funding, unless the sessions could be self sustaining through admittance fees. |   |         |  |  |
| 19.Applicant<br>Declaration  | I declare that to the best of my knowledge and believe the information given on the application form and in my supporting material is correct. I accept the Terms and Conditions should my application be successful.  |   |         |  |  |
| Applicant Signature:   | C.Hallam   |   |         |  |  |
| Name and Title:  | Sports and Community Development Manager   |   |         |  |  |
| On behalf of: (name of organisation)   | Mansfield District Leisure Trust   |   |         |  |  |
| Date:  | 1/5/2015   |   |         |  |  |

11/02/2016