

Big Warsop Monitoring and Feedback Report

Please liaise with the Big Warsop Communications Officer when completing your reports in order for us to help you with your reporting.					
Project Name		Strengthening Communities			
Organisation Name		Vibrant Warsop			
Theme(s)	Strengthening the Community	Empowering People	Supporting People	Improving the Environment	Having things to do
Target Outcomes					
<p>Our focus is on residents socially isolated, at an economic disadvantage and most in need, including those with underlying health conditions most at risk from Covid19.</p> <p>Residents will benefit firstly through being able to participate again in our projects all of which are connected to Health & Wellbeing, particularly around social inclusion, and physical activity e.g., our Fit Together social inclusion programme, a range of health and fitness groups, environmental and horticultural community activities.</p>					
Reporting period	Date From:	September 2020	Date To:	March 2021	
<p>1. Activities undertaken during reporting period.</p> <p><i>Tell us what you have done and how well things have gone. Include any issues carried over from previous report, activities carried out and any base line monitoring. Please attach photographs, quotes, good news stories etc.</i></p> <hr/> <p>Covid 19 has played a huge part in what we have been able to do this year with most of our activities having to move online via Zoom or Teams. Our plans to be able to get back to some form of normality towards the end of 2020, were short lived as lockdown hit us once again, restricting all plans of face-to-face group sessions.</p> <p>Whilst many of our projects were on hold (and their budgets) we had to find new ways of working and seek additional funding in order to continue supporting the community.</p> <p>However, this did not stop us from finding solutions and being able to carry on in the “new normal” way. The Big Warsop Strengthening Communities funding has enabled Vibrant Warsop CIC to continue working within the Parish to support the community and bring in additional funding to provide support and focus on those residents socially isolated and in need.</p> <p>Some of our key projects and how we have adapted them:</p> <p>Fit Together Social Inclusion Programme – We managed to meet outside (under an event shelter) using the Lifespring Church grounds for a number of weeks socially distanced. This provided much needed social interaction for our residents, many who live alone and use this weekly event as a chance to meet and talk with others. When lockdown occurred for a second and third time, we kept in touch with this group through Facebook, phone calls and text messaging.</p>					

Pilates and Qigong Shibashi – Both these sessions were moved to the Zoom platform with additional financial support from Notts Community Foundation helping to get them started as free taster sessions which have been very successful. Many of our participants required basic training on how to use Zoom which was done via phone calls by Vicky. Both sessions still have the social interaction as well as the fitness element and our participants enjoy them very much.

Good Vibrations Music Project – A new project funded by the People's Health Trust which should have started face to face in October has managed to get off the ground by running online discussion and planning sessions initially. More recently we have run 2 workshops for singers via Zoom and participants are looking forward to continuing with these until we can get face to face.

Warsop Christmas Market – Lockdown 3 hit towards the end of the year and forced all plans of our regular event to a halt. So we took the event online with the '12 days of Christmas'. Each day there was a number of activities, stories, jokes, recipes and videos available on the website and Facebook for people to enjoy. Whilst Vibrant co-ordinated this, with amazing support from Karen Emm who provided all the design activity for the 12 Days of Christmas as volunteer time, this was a community effort with schools, Rotarians, Infotech, Old Warsop Society, Friends of Warsop Vale, Scouts, and other community groups all joining together to provide content. Local children were also lucky enough to have meetings with Santa via Zoom (with the help of Warsop Rotary Club) and to end the event, we held a virtual family quiz which was very well attended with the winner getting a fabulous hamper from Warsop Co-op.

Monthly Family Quiz - Due to the popularity of the Christmas Quiz we continued to hold an online family quiz once a month. This was devised by volunteers and hosted by us on Zoom. Each quiz we attracted more people and this month we are trialling Bingo!

Outdoor Area – Whilst the outdoor rule of 6 was in place we were able to start our Outdoor Area sessions which took place at The Lifespring Church. Lots of work was done including clearing weeds, trimming hedgerows and planning for a complete overhaul of the site. This has now been put on hold until we are able to meet again. These sessions were funded through our Grow Together project.

CAR Warsop Project –Vibrant Warsop working in partnership with Lifespring Church and 25 volunteers has delivered 870 hampers to 2416 residents providing 50,736 meals, between March 23rd 2020 and March 23rd 2021. Vibrant has contacted over 200 residents to check in on them and see if any further help could be given. Many of these residents required further weekly contact phone calls which we have continued throughout the whole year. We have supported Vaccinations by helping residents book online and providing transport.

Vibrant Warsop Newsletter – Due to Covid, Warsop Parish Council decided not to publish a Parish News last June, so in order to keep people informed and less isolated Vibrant Warsop made the decision to increase the Big Warsop 4 pager into a 12-page newsletter. Community groups and individuals were

happy to contribute content. The newsletter was delivered by volunteers. It contained information about organisations who could provide support, feel good stories to lift the community spirit along with puzzles and competitions and was very well received by the community.

I have attached photographs of some of our projects.

Despite lockdown we have continued to source external funding to enable us to support the community. The total amount of funding achieved by Vibrant Warsop for community projects in this reporting period is £31,097. This breaks down as follows and excludes the Big Warsop £29,700 for Strengthening Communities

The Thomas Farr Charity £3,380 – Vibrant Communications

JN Derbyshire Trust £2,500 – Core Costs and equipment

Coop Local Community Fund £1,943 – External meetings/social area and staff hours

CRT COVID19 £9,074 - Core costs -to support COVID 19 impacts 6 months (Nov 20 to 31 Mar 21)

Active Notts £4,680 - Training for Pilates (To provide extra community classes when qualified)

TNL Community Fund - Covid19 £9,520 - Core costs - 4 months Covid transition

The total amount bought in for external projects is £17,572.

Notts County Council LIS Fund - £5,000 to support families through Warsop Children's Centre

Active Partners Trust - £1,350 for Warsop Scouts - Activities for 2021

Active Partners Trust -£1,790 for Warsop Air Cadets – Kit and sports equipment

National Lottery Heritage Fund - £9,432 - Interim Project for Warsop Old Hall

2. Target Outcomes the project has contributed to.

Tell us the difference your activity has made in relation to the participants, the local area, and the SLA outcomes.

We tried to make all our current projects accessible to all residents through Covid, by offering online sessions and help and support to those who need it. Many of the participants live on their own and would have no social contact through the lockdown periods. Our sessions enabled those residents to meet safely with others and keep them mind and body healthy. With the use of our social media platforms and website we have reached many more who may not want to use the online sessions. Through telephone calls and doorstep visits when allowed, we have also checked in on many residents in social isolation and supported in whatever way we can.

The greatest benefit of the last 12 months is that the community has come together in ways we did not expect and the result of this is that the community feels more together. We need to continue to harness this positive energy as we move out of lockdown and help the community embrace new ways of working together.

3. Timescales/Participant Numbers

Is project on track both in terms of timescales and the number of participants? If not, what are you planning to do to address the issues? What activity was taking place when you started the project and how has this changed/increased/improved in quality?

Projects are running well and hopefully as the roadmap out of lockdown continues to progress, our sessions will be able to return to face to face. For those that are not ready for social gatherings we intend to continue to offer online sessions alongside the face-to-face option and telephone support.

Plans for next reporting period.

What are you going to do next?

Are there any concerns/risks to the project you need support with? What are you looking forward to?

We are looking forward to being able to start projects again that we haven't been able to do online such as The Butterfly Garden and Wildlife Pond, Grow Together and working with Meden Comprehensive School again on the I Will Project.

Project Budget (is the project still on track in terms of costs?)

Do you have any concerns that you will not be able to deliver you project as intended?

We have purchased 2 Laptops and software and also 5 Office 365 licenses.

The Project Budget is on track